



# Wrestling 2003-04

## 2003-04 Schedule

<b>Nov. 1</b>	<b>KEYDET INVITATIONAL</b>	<b>10 a.m.</b>
Nov. 8	at West Virginia Open	10 a.m.
<b>Nov. 13</b>	<b>VARSITY WRESTLE-OFFS</b>	<b>7:30 p.m.</b>
Nov. 23	at Keystone Classic %	10 a.m.
Dec. 6	at Sharpie Carolina Open!	10 a.m.
Dec. 28-29	at Southern Scuffle=	10 a.m.
Dec. 29-30	at The Midlands @	10 a.m. CST
Jan. 7	vs. Virginia (Rumble on the River)~	7 p.m.
Jan. 11	at Wendy's Big Classic Duals ^	10 a.m.
Jan. 16	at George Mason	7 p.m.
Jan. 18	at Virginia Intercollegiates #	10 a.m.
<b>Jan. 23</b>	<b>DAVIDSON*</b>	<b>4:30 p.m.</b>
<b>Jan. 23</b>	<b>GARDNER-WEBB</b>	<b>7:30 p.m.</b>
<b>Jan. 29</b>	<b>JAMES MADISON</b>	<b>7:30 p.m.</b>
Jan. 30	at Maryland	7:30 p.m.
Jan. 31	at All-Academy Championships +	10 a.m.
Feb. 6	at Old Dominion	7 p.m.
Feb. 8	at Appalachian State*	2 p.m.
<b>Feb. 13</b>	<b>CHATTANOOGA*</b>	<b>7:30 p.m.</b>
<b>Feb. 19</b>	<b>THE CITADEL*</b>	<b>7:30 p.m.</b>
Feb. 20	at UNC Greensboro*	7 p.m.
March 6	at SoCon Championships \$	10 a.m.
March 18-20	at NCAA Championships†	10 a.m.

### HOME MATCHES IN CAPS

\* Indicates Southern Conference matches ~ - Richmond, Va. (St. Christopher's School)  
 % - Philadelphia, Pa. ! - Chapel Hill, N.C. # - Norfolk, Va. + - Annapolis, Md.  
 @ - Evanston, Ill. ^ - Ashland, Ohio \$ - Charlottesville, Va. ‡ - St. Louis, Mo.  
 = - Greensboro, N.C.

## Quick Facts

**Location:** Lexington, Va.  
**Nickname:** Keydets  
**Founded:** 1839  
**Enrollment:** 1,300  
**Superintendent:** Gen. J.H. Binford Peay  
**Athletic Director:** Donny White  
**Conference:** Southern  
**Arena:** Cocke Hall (Cap. 700)  
**Head Coach:** John Trudgeon (19th year at VMI)  
**Overall Record:** 118-121-2  
**Assistant Coaches:** Aaron Bruce (10th year at VMI); Franky James (Second year at VMI)  
**Letterwinners Returning/ Lost:** 7/4  
**Starters Returning/ Lost:** 7/3  
**Sports Information Director:** Wade Branner  
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 Virginia Military Institute, Sports Information Office, 116 Smith Hall, Lexington, VA 24450

## VMI Wrestling Still in the SoCon

The Southern Conference voted at its 2002 spring meetings to allow the VMI wrestling program to remain in the league. VMI decided in December, 2001 to move its other 10 sports that were affiliated with the Southern Conference to the Big South Conference in the summer of 2003. At this time, the Big South does not sponsor wrestling as a championship sport.

VMI is one of six schools in the Southern Conference that sponsors wrestling. Five are needed for the conference's automatic bid to the NCAA Tournament. The others include Appalachian State University, Davidson College, The Citadel, the University of North Carolina Greensboro and the University of Tennessee-Chattanooga.

This past season, the Keydets came within two points of capturing the Southern Conference tournament title and one match of capturing the regular season crown. Both championships were won by Chattanooga. Since the Southern Conference Tournament began in 1930, the Keydets have won nine titles, the last coming in 1997. In that time, the Keydets also boasted 67 individual champions, including two in 2002. VMI last won a piece of the regular season title in 1999, when it shared the crown.

"We're exciting about maintaining our relationship with the Southern Conference and all of its programs," said head coach John Trudgeon. "This decision will be good for both VMI and the conference. It is a situation in which we are very competitive in a conference that has great strength, stability and history. I think that all of VMI is happy that the wrestling program will be staying in the Southern Conference."

## Credits

The 2003-04 Virginia Military Institute wrestling media guide is a publication of the VMI Sports Information Office. **Written, Edited and Laid Out by:** Andy Krauss, Assistant Sports Information Director.  
**Editorial Assistance by:** Wade Branner, Sports Information Director and Ted Leshinski, Sports Information Assistant. **Super Duper Assistance by:** B.R. Floyd, Sports Information Do-it-all-Guy. **Photography by:** Chuck Steenburgh and John Lowery. **Printing by:** Collinsville Printing, Collinsville, Va.

# Head Coach

# John Trudgeon



- William & Mary '75 • 19th Season
- 118-121-2/ 18 seasons overall
- 2003 Virginia State Coach of the Year

## Year-by-Year with John Trudgeon

Year	Overall	SoCon
2002-03	8-3	4-1
2001-02	11-4	4-1
2000-01	2-11	2-3
1999-2000	6-7	4-1
1998-99	8-4	4-1
1997-98	1-13	1-4
1996-97	8-5	4-1
1995-96	11-3	2nd
1994-95	8-2	T-1st
1993-94	9-5	3rd
1992-93	5-9	4th
1991-92	4-8	3rd
1990-91	2-12	3rd
1989-90	4-9	3rd
1988-89	8-8-2	3rd
1987-88	6-11	3rd
1986-87	7-5	3rd
1985-86	10-2	3rd
<b>Total</b>	<b>118-121-2</b>	

Since taking the reigns of the Keydet wrestling program in 1985, Head Coach John Trudgeon has progressively raised the benchmarks of success surrounding VMI wrestling. Southern Conference Championships, NCAA qualifiers, and All-Americans - all are now standard phrases used in connection with Trudgeon's wrestlers.

The success achieved in recent years by VMI wrestlers under Trudgeon's tutelage has been unprecedented. Among the achievements:

At the completion of the 1995-96 season, VMI received votes in the Amateur Wrestling News Top 25 Coaches' Poll.

Six Top 12 individual finishers in the NCAA Championships in recent years, including a fourth place finish by 142-pounder Charlie Branch in 1994 and a sixth place finish by heavy-weight Leslie Apedoe in 1999 - earning both All-America honors. 157-pounder Adam Britt finished in the top 12 of the 157 lb. weight class in 2002.

The Keydets have been Southern Conference Co-Champions in three of the last seven years - 1995, 1997, and 1999. In three of the last four seasons, the Keydets finished just one match out of first place in the standings.

A 12-1 dual record over Southern Conference opponents between 1995 and 1997, with the only defeat coming in 1997 at the hands of Appalachian State, 20-19 - a loss which also ended a 14-match home winning streak. The Keydets returned to their SoCon success in 2002 and 2003, posting 4-1 records and finishing second in both the standings and the tournament in each year.

During his 18 seasons as head coach, Trudgeon has posted a dual record of 118-121-2. He is a four-time SoCon Coach of the Year - 1994, 1995, 1999 and 2000 - and he has three times been named Virginia Coach of the Year, in 1993, 1994 and 2003.

Trudgeon, a 1975 graduate of William & Mary with a B.S. in physical education, was a three-year starter for the Tribe and qualified for the NCAA Division I tournament his senior season.

He came to VMI after serving as head wrestling coach at Lafayette High School in Williamsburg, Va., for eight seasons. During his tenure, his squads won district titles in 1982 and 1983, and placed third in the Virginia AAA tournament in 1982. He was the Peninsula District Coach of the Year in 1982, and coached six AAA state champions.

Trudgeon worked on his master's in education from East Stroudsburg University in 1985. He and his wife Cathy, who is the staff education coordinator at Stonewall Jackson Hospital, are the parents of Joshua, age 10.



*The VMI Coaching Staff*

## Assistant Coaches & Support Staff



### Aaron Bruce

- Assistant Coach
- 10th Season
- Liberty '95

**N**ow entering his 10th season as an assistant to the Keydet wrestling program, Aaron Bruce brings to VMI a wealth of wrestling experience at both the collegiate and the international levels.

A four-year letterman for the Flames, Bruce was twice the Virginia state champion at 190 lbs., in 1992 and 1994, and qualified for the NCAA Championships in both those years. He was ranked among the top 12 in the nation in both his junior and senior seasons, and was a placewinner at The Midlands Tournament in 1994. He concluded his career with 96 collegiate victories.

Bruce has twice represented the United States on international freestyle teams, and has wrestled in Germany, Hungary, the Czech Republic, Slovakia, Georgia, Russia, and Austria. During a 1992 tour, he was crowned Freestyle Champion at the Bohemian National championship meet.

Bruce and his wife Rona live in Lexington, with their sons Aaron, age 15 and Judah, age 7.



### Richard Levy

- Strength & Conditioning Coach
- Fourth Season
- Springfield (Mass.) '98

**R**ichard Levy is in his fourth year as a member of the VMI athletic staff, serving as the assistant strength and conditioning coach.

Levy came to VMI from the University of Arkansas where he served as the Assistant Strength and Conditioning Coach in the women's athletic department including working with the women's basketball team that won the 1999 WNIT championship and the Lady Razorback volleyball team that reached the NCAA tournament's "Sweet Sixteen".

Levy is a 1998 graduate of Springfield College (Mass.) with a degree in Health Science. At Springfield, he was a two-sport athlete in football and track, earning team MVP honors in football in 1997 and was a two-time all-conference selection in track and field.



### Franky James

- Assistant Coach
- Second Season
- Carson-Newman '98

**F**ranky James became the third member of the VMI coaching staff in the summer of 2002. James served as the interim head coach at Chattanooga for one season (2001-02) after one season as an assistant. He was named the 2002 Southern Conference Coach of the Year after leading the Mocs to the conference title to the conference title.

Prior to his stint at Chattanooga, James served at his alma mater, Carson-Newman as an assistant coach for two seasons. He helped lead the Eagles to two top 10 national finishes in Division II and coached seven All-Americans, as well as a national champion.

James graduated from Carson-Newman in 1998. He wrestled his senior year for the Eagles and won the South regional champion at 149 lbs., while gaining NCAA All-America status. He transferred from the University of Oklahoma, where he was a starter for a Sooner team that finished in the Division I top 10. James began his collegiate career at Garden City (Kansas) Community College, where he was the national runner-up at the 134 lb. weight class of the National Junior College Championships. A native of Choctaw, Okla., James graduated from Choctaw High School. He earned all-state honors as a senior in 1992.

James lives in Lexington with Carrie Sexton and their daughters, Madison (3) and Macy, born in October of 2003.



### Keith Silcox

- Athletic Trainer
- First Season
- James Madison '03

**K**eith Silcox will be serving a one-year graduate assistantship in the athletic training office at VMI, while taking classes at the University of Virginia. He comes to Lexington from James Madison University, where he was a student assistant in the Dukes' athletic training office. He worked with women's soccer and wrestling at JMU. Silcox graduated with a B.A. Degree in Health Science from JMU this past spring. Keith worked at Mary Baldwin College in the spring of 2002 and interned at UVA in the fall of 2002, working with the softball team. He is a Poquoson, Va. native.

# 2003-04 Keydet Outlook

**W**hen you lose two of the most accomplished wrestlers in the history of your program, the obvious question is “where do we go from here?” That’s a question the VMI wrestling program has had to ask itself since Adam Britt and Matt Erwin graduated in May. It hasn’t taken VMI long to find the answer.

Britt graduated as a three-time Southern Conference champion and wrapped his career up last season by being named the conference wrestler of the year and a Verizon Academic All-American. Erwin was a four-time NCAA qualifier and a Southern Conference champion as a junior. The two combined for 229 total victories in their careers at VMI. Britt retired as VMI’s all-time win leader with 120 and Erwin finished tied for third (109).

Head coach John Trudgeon is proud of his graduates, but is looking forward to answering this question in 2003-04. “I really feel that with time, this team has the potential to be as good as last year’s team (a team that finished with an 8-3 dual meet record and finished second in the SoCon),” said Trudgeon. He returns two second place finishers from last year’s Southern Conference Championships as well as three third place finishers. Add that with a recruiting class that the coaching staff is most pleased with, and you may have a great answer to the question.

One of those third place finishers is senior Juan Sanchez, who will be representing the Keydets at the 125 lb. weight class. Sanchez brings a great deal of experience to the plate and hopes to wrap up a solid career with an outstanding senior season. “Juan is technically a very sound wrestler,” said Trudgeon. “I hope that last year’s showing at the SoCon Tournament (third place) will give him the confidence to compete for the conference title this year.” Freshman David Federico will be Sanchez’s understudy this year and will have a chance to move into the class next season. Federico was a High School All-American and three-time Division I Ohio State placewinner at Willoughby South H.S. He placed fourth in the state championships at 112 lbs. as a senior, third at 103 lbs. as a junior, and fourth at 103 lbs. as a sophomore.

Sophomore Micah Amrozowicz had an outstanding season in 2002-03, representing the Keydets at the 133 lb. weight class, and hopes to build on that success this season. Amrozowicz won 25 matches on the season on his way to a third place finish at the SoCon Championships. This season, he has bulked up and is now a legitimate 133-pounder after being undersized last season. “He’s a scrapper and tough mentally,” said Trudgeon. “He just needs to improve his offense on his feet and his skills on the bottom.” Sophomore Jochen Granja will add depth at this weight class.

The 141 lb. weight class is one in which Trudgeon will look to his youth to pull him through. Freshmen Sam Alvarenga and David Metzler will compete for the spot and both come into the program with solid credentials. Alvarenga was a two-time Virginia AAA State placewinner and a state runner-up at 135 lbs. as a senior. He was the 2003 NWCA High

School Open champion at 140 lbs. en route to posting a high school career record of 107-23 and earning the honor of first team All-Met as a senior. Metzler was a two-time Virginia AA State champion and four-time Virginia State placewinner. “Alvarenga and Metzler were two of the best high school wrestlers in the state of Virginia this past year,” said Trudgeon. “They will impact our program in a most positive way. I feel comfortable with either one of them wrestling at 141 lbs.”



## *Mike Parsons*

Sophomore Chris Hardy wrestled so well last year that he became the 149 lb. weight class representative midway through the season and won 12 matches. This year, he will have that duty from the outset. Trudgeon sees Hardy as a solid contributor, who has improved vastly over last year and over the summer. “He’s very quick and explosive, but needs to refine his skills and stay under control,” said Trudgeon. Redshirt freshman Chris Smith is expected to give Hardy some stiff competition. Freshmen Matt Burton, Zach Crush and Stephen Partin will also compete at this weight class.

# 2003-04 Keydet Outlook

The 157 lb. weight class was held down for two seasons by Britt. This season, junior Mike Parsons moves down from the 165 lb. class he wrestled in last year to a more natural class for him. "Mike looks as solid as anyone on the team," said Trudgeon. "He's a leaner and hungrier Mike Parsons." The co-captain has finished in second place at the SoCon Championships for two straight years (149 lbs. as a freshman). "We now expect him to move to the top of the class at 157." Sophomore P.J. Neumann will back Parsons up. "P.J. is a hard-working young man who is always ready to go," said Trudgeon.



## *Jason Cox*

One of the more critical weight classes in terms of the ultimate fortunes of the team will be the 165 lb. weight class. Redshirt freshman John Lowery did not compete last season so that he could acclimate himself to the college setting. Coach Trudgeon hopes that has worked, because Lowery will be counted on at 165 lbs. "John must stay healthy and find ways to score points," said Trudgeon. "He's a hard worker. We have confidence that he will get the job done."

Lowery excelled at the high school level, earning All-America status at Walsh Jesuit High School in Cuyahoga Falls, Ohio.

Freshman Aaron Kerkhof will be VMI's representative at the 174 lb. weight class. Kerkhof was a three-time Indiana State placewinner at Delta High School. He placed fourth at 189 lbs. as a junior, fourth at 171 lbs. as a sophomore and sixth at 171 lbs. as a freshman. Kerkhof did not compete in his senior year due to shoulder surgery. "Aaron is an impressive individual and we'll need him to start right away at 174 lbs.," said Trudgeon.

The 184 lb. weight class will belong to redshirt freshman Corry Murray, who was the most improved wrestler on the team last season. Murray battled Matt Erwin in practice daily and learned quite a bit to bring him into this season. "He's a coachable and feisty wrestler and gaining confidence week by week," said Trudgeon. "We're excited about Corry Murray."

The clear representative at 197 lbs. will be senior co-captain Jason Cox, who was VMI's representative at 184 lbs. for the past three years. Cox has turned himself into a more complete package as a wrestler. He's explosive, quick, and growing stronger by the minute. "They don't come any stronger than Jason Cox," said Trudgeon. In his first three seasons, he has two third place finishes and one second place finish at the SoCon Championships. The second place finish came with a broken arm in his sophomore season. "This has to be Jason's year at VMI," said Trudgeon.

Trudgeon has no concerns about who his heavyweight will be. Sophomore Scott Buhman, who had a fantastic freshman campaign, has returned bigger and stronger, having put on 25 lbs. "He's stronger, faster and more technically proficient," said Trudgeon. "He's ready to compete for the conference title." Buhman placed second in the SoCon Championships last season.

Despite moving its "all-sports" affiliation to the Big South Conference this season, VMI will continue its proud wrestling heritage in the Southern Conference as an associate member, since the Big South does not sponsor wrestling. The SoCon will once again be a competitive conference. "There is more parity in the conference than ever before," said Trudgeon. The Keydets have finished second in both the regular season and tournament standings in each of the past two years. Regular powers Appalachian State, Chattanooga and The Citadel figure to be factors in the SoCon race once again in 2003-04.

The schedule once again opens with the Keydet Invitational on November 1, in which the Keydet newcomers will have a chance to show what they're made of. Also in the preseason will be trips to the West Virginia Open, Pennsylvania Keystone Classic, Sharpie Carolina Open, Southern Scuffle, and the prestigious Midlands Tournament in Evanston, Ill. January 7 brings the second annual "Rumble on the River" against Virginia at Richmond's St. Christopher's School. Last

# 2003-04 Keydet Outlook

season, the Keydets kicked off the event by defeating the Cavaliers in front of an overflow pro-VMI crowd at Collegiate School. January 11, the Keydets will travel to Ashland, Ohio, where they will battle Indiana, Central Michigan and Ashland University. On February 1, the Keydets will defend their All-Academy Championship at the U.S. Naval Academy in Annapolis, Md. The season will conclude with the SoCon Championships at the Fourth Annual Mat Jam in nearby Charlottesville and the NCAA Championships at the Savvis Center in St. Louis.

"This should be an exciting team because of its work ethic and positive attitude," said Trudgeon. "These guys really enjoy being with each other. Thus far, everyone has been extremely coachable. They love to wrestle. We'll do our best to coach them up, then watch them go have some fun on the competition mat." The enthusiasm of the team and strong coaching skills of the staff should once again make this a fun team to watch and answer all questions.

## 2003-04 Keydet Roster

Name	Yr.	Weight Class	Hometown/ High School	H.S. Coach
Sam Alvarenga	Fr.	141	Springfield, Va./ Ediston	Chris Summitt
Micah Amrozowicz	So.	133	Virginia Beach, Va./ Kellam	Mike Benzel
Barry Boone	Fr.	157	Williamsburg, Va./ Lafayette	Bruce Shumaker
Scott Buhman	So.	285	Portage, Ind./ Portage	Ed Pendski
Matt Burton	Fr.	149	Troy, Ohio/ Miami East	Mike DeHart
Jay Carter	Fr.	141	Martinsville, Va./ Martinsville	Chad Ratliff
Jason Cox	Sr.	184	Amherst, Va./ Amherst County	Craig Maddox
Zach Crush	Fr.	157	Clifton Forge, Va./ Alleghany	Dale Burdette
David Federico	Fr.	125	Willoughby, Ohio/South	Frank Platzar
Jochen Granja	Fr.	125	Lorton, Va./ Hayfield	Roy Hill
Chris Hardy	So.-R	149	Chesapeake, Va./ Western Branch	Brian Dugan
Jesse Hills	So.	157	Terre Haute, Ind./ South Vigo	Steve Joseph
Jacob Inge	Sr.-R	174	Poquoson, Va./ Poquoson	Billy Ruff
Wayne Huggins	Fr.	157	Midlothian, Va./ Clover Hill	Mike Stefanko
Aaron Kerkhof	Fr.	174	Muncie, Ind./ Delta	Eric Kerkhof
John Lowery	Fr.-R	165	Louisville, Ohio/ Walsh Jesuit	Bill Barger
John McKnight	Fr.	133	Okinawa, Japan/ Kubasaki	Terry Chumley
Richard Meredith	Fr.	149	Norfolk, Va./ Norfolk Collegiate	Mike Newbern
David Metzler	Fr.	141	Dayton, Va./ Turner-Ashby	John Fincham
Corry Murray	Fr.-R	174	Tully, N.Y./ Tully	Nick Zupan
P.J. Neumann	So.-R	157	Chesapeake, Va./ Great Bridge	Steve Martin
Mike Parsons	Jr.	157	Lakeville, Ohio/ Loudonville	John Lance
Stephen Partin	Fr.	149	Colonial Heights, Va./ Thomas Dale	Ray Ward
Jeff Sale	So.	165	Alexandria, Va./ Edison	Scott Matheny
Juan Sanchez	Sr.	125	Alexandria, Va./ Hayfield	Roy Hill
Chris Seta	So.	141	Reading, Ohio/ Reading	Dick Engel
Chris Smith	Fr.-R	141	Rocky Mount, Va./ Franklin County	Kris Kahila
Jay Tomsyck	Fr.	149	Charlotte, N.C./ Catholic	Steve Wynemko

**Head Coach:** John Trudgeon (William & Mary '75), 19th season

**Assistant Coaches:** Aaron Bruce (Liberty '89), 10th season  
Franky James (Carson-Newman '98), Second season

# Keydet Upperclassmen



## Micah Amrozowicz

- Sophomore • 133 lbs.
- Virginia Beach, Va.
- Kellam

**2003-04:** Will be VMI's representative at the 133 lb. weight class.  
**2002-03:** Became VMI's starter at 133 lbs. midway through the season...led all Keydet freshmen in wins (25), while losing just 14 matches...second on the team in tournament victories (18)...went 7-4 in dual matches and 3-2 in SoCon matches...placed third at SoCon Championships and Virginia State Championships...placed fourth at All-Academy Championships...came in second at the Keydet Invitational.

**High School:** Four year-letterwinner at Kellam...three-time district champion...finished fourth, third and second in his final three years respectively at regional championships...placed second and sixth at state championships...wrestled on the Virginia national team twice...Psychology major.



## Scott Buhman

- Sophomore • 285 lbs.
- Portage, Ind.
- Portage

**2003-04:** Will be VMI's clear cut-starter at the 285 lb. weight class.  
**2002-03:** Enjoyed a fine freshman campaign that was capped off by a second place finish at the SoCon Championships...named first team all-conference...placed third at All-Academy Championships at Virginia Intercollegiate Championships...placed fourth at Keystone Classic...took top honors at Keydet Invitational...won 22 matches and lost just 15...posted 4-1 SoCon record...recorded four major decisions and two pins.

**High School:** four-time letterwinner at Portage...placed fifth in the state...champion of the Duneland Conference...posted a record of 41-2 as a senior...as a junior, he was a sectional and regional champion...won individual silver medal at Down Under Games in Australia...also lettered three years in football...History and International Studies major.



## Jason Cox

- Senior • 197 lbs.
- Amherst, Va.
- Amherst County

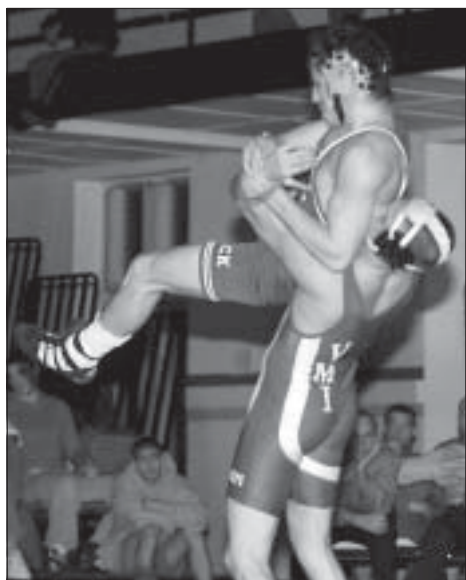
**2003-04:** Co-captain...will be VMI's starter at 197 lbs. after three years of wrestling at 184 lbs.

**2002-03:** Posted record of 15-19 at 184 lbs...placed third at SoCon Championships...came in second place at All-Academy Championships...placed for th at Virginia Intercollegiates.

**2001-02:** Named first team All-Southern Conference at 184 lbs...posted 5-0 record in SoCon dual matches...reached championship match at SoCon Championships...fell short, but was hampered by a broken arm and wrestled with a cast...placed second at All-Academy Championships and fourth at Virginia Intercollegiates.

**2000-01:** Placed third in 197 lb. weight class at Southern Conference Championships...took first place at the Keydet Invitational, third place at Virginia Intercollegiates and fourth place at All-Academy Championships and Bloomsburg Invitational...Leads team in pins with six...wrestled more total matches (43) than anybody on the team...at the Midlands Tournament in January, he defeated Oregon State's Isaac Webber, who was ranked 16th nationally at the time.

**High School:** Was Virginia State AA High School champion as a senior...finished second in the state as a junior...Four-time Virginia National Freestyle team member...Economics and Business major.



Micah Amrozowicz

# Keydet Upperclassmen



## Jochen Granja

- Sophomore • 133 lbs.
- Lorton, Va.
- Hayfield

**2003-04:** Will back-up Micah Amrozowicz at 133 lbs.

**2002-03:** Won two matches on the season...posted a major decision.

**High School:** Two-year letterwinner at Hayfield...two-time district champion...regional champion and sixth place state finisher as a senior...Chemistry major.



## Chris Hardy

- Soph.-R • 149 lbs.
- Chesapeake, Va.
- Western Branch

**2003-04:** Will be VMI's representative at the 149 lb. weight class.

**2002-03:** Took over as VMI's 149-pounder midway through the season...won 12 matches...placed fourth at SoCon Championships and Virginia Intercollegiates...took top honors at the Keydet Invitational...had two pins and two major decisions.

**2001-02:** Took a redshirt season while posting a 5-3 record in tournaments as an unattached wrestler...placed second at the VMI Invitational.

**High School:** Four-year letterwinner at Western Branch...two-time placewinner at state championships...placed second in the Tournament of Champions in Ohio...team placed second in the state in his senior season...Psychology major.



## Jacob Inge

- Senior-R • 174 lbs.
- Poquoson, Va.
- Poquoson

**2003-04:** Will compete to start at both the 174 and 184 lb. weight classes...returns to the team after a two-year absence.

**2000-01:** Named to All-SoCon team at 165 lbs. as a freshman...won 17 matches on the year...placed second at SoCon Championships.

**High School:** 1998 and 1999 Virginia Group AA state champion at 165 lbs...finished third at prestigious Mid-Atlantic Classic as a senior.



## John Lowery

- Freshman-R • 165 lbs.
- Louisville, Ohio
- Walsh Jesuit

**2003-04:** Is the projected starter at the 165 lb. weight class.

**2002-03:** Took a redshirt season and did not wrestle in dual meets...took first place in 165 lb. bracket of Keydet Invitational...posted six tournament wins and one pin.

**High School:** Four-year letterwinner at Walsh Jesuit...two-time high school All-American...placed sixth at NHSCA Senior Nationals...helped Ohio team to win championship...also lettered three years in football...father John, was Olympic weightlifter...English major.



## Corry Murray

- Freshman-R • 174 lbs.
- Tully, N.Y.
- Tully

**2003-04:** Is the frontrunner to win the 174 lb. position.

**2002-03:** Took a redshirt season and did not wrestle in dual meets...went 7-4 in tournaments, taking the 174 lb. bracket in the Keydet Invitational.

**High School:** Four-year letterwinner at Tully...named most outstanding wrestler...placed second in New York Sectionals as a senior and third as a junior...has recorded most wins and pins in school history...also lettered four years in football and two years in lacrosse...Psychology major.



## P.J. Neumann

- Sophomore • 157 lbs.
- Chesapeake, Va.
- Great Bridge

**2003-04:** Will back-up Mike Parsons at the 157 lb. weight class.

**2003-04:** Won three matches and recorded two major decisions.

**Gloucester Community College:** Redshirted the 2000-02 season...wrestled in the 2001-02 season...helped lead his team to an NJCAA National Championship.

**High School:** Four-year letterwinner at Great Bridge...placed third and fourth in the state...Psychology major.

# Keydet Upperclassmen



## Mike Parsons

- Junior • 157 lbs.
- Lakeville, Ohio
- Loudonville

**2003-04:** Will be the starter at the 157 lb. weight class, dropping down from the 165 lb. class and will challenge for the Southern Conference championship.

**2002-03:** Starter all year long at 165 lb. weight class...won 21 matches on the year and won four of five SoCon matches...placed second at SoCon and All-Academy Championships.

**2001-02:** Wrestled at the 149 lb. weight class and won all five of his SoCon dual matches...won 12 total dual matches and 29 overall...placed second at the SoCon Championships...took first place and the Keydet Invitational...earned second place honors at the Virginia Intercollegiate and All-Academy Championships...placed third at the Bloomsburg Invitational.

**High School:** Four-year letter winner and All-American wrestler at Loudonville...placed sixth at the national tournament in his senior season...placed second twice and third twice in the state championships, making him the only wrestler in the history of the school to place all four years...Civil Engineering major.

**2003-04:** Will compete to be the VMI starter 125 lb. weight class for the fourth consecutive year, starting in January.

**2002-03:** Won nine matches...placed third at SoCon and Virginia Intercollegiate Championships...placed fourth at All-Academy Championships.

**2001-02:** VMI's representative all season at the 125 lb. weight class...placed second at All-Academy Championships...took third place at Bloomsburg Invitational...came in fourth at Virginia Intercollegiate...won 21 total matches...posted a 3-2 SoCon dual match record.

**2000-01:** Placed fourth at SoCon Championships...was second on team in victories (24)...took second place at the Keydet Invitational...placed third at Virginia Intercollegiate Championships and All-Academy Championships...placed fifth at Bloomsburg Invitational...second on team in major decisions (4)...posted five-match winning streaks twice: once in November and once in January-February.

**1999-2000:** Redshirted the season with a shoulder tear.

**High School:** AAA Virginia State qualifier as a senior...Computer Science major.



## Chris Seta

- Sophomore • 141 lbs.
- Reading, Ohio
- Reading

**2003-04:** Will redshirt the season after returning to school in January.

**2002-03:** Named SoCon Freshman of the Year...placed second at SoCon Championships...placed second at Virginia Intercollegiate...placed third at All-Academy Championships and Keystone Classic...took top honors at Keydet Invitational...won 20 matches, with three coming vs. SoCon opponents...recorded four major decisions and three pins.

**High School:** Four-year letterwinner at Reading...three-time plaewinner and state champion...posted a 136-21 career record...set school record for most wins in a season (43) and take-downs in a season (14)...four-time member of Ohio National Wrestling team...also lettered in golf, soccer, baseball and football...Business and Economics major.



## Jeff Sale

- Freshman • 165 lbs.
- Alexandria, Va.
- Edison

**2003-04:** Will add depth to the 165 lb. weight class.

**2002-03:** Won three matches in tournaments...took third place in Keydet Invitational.

**High School:** Three-year letterwinner at Edison...received Rookie of the Year honors...named Most Improved wrestler...two-time district champion...placed 12th at Eastern Nationals...named varsity captain in his senior season...Freestyle and Greco-Roman Virginia State Qualifier...Computer Science major.



## Chris Smith

- Freshman-R • 149 lbs.
- Rocky Mount, Va.
- Franklin County

**2002-03:** Expected to add depth to the 149 lb. weight class.

**2003-04:** Redshirted after wrestling in tournaments and winning three matches...placed third at Keydet Invitational.

**High School:** Four-year letterwinner at Franklin County...placed fifth in the state during his senior season...placed first at Disney Duals Nationals...Civil Engineering major.



## Juan Sanchez

- Junior • 125 lbs.
- Alexandria, Va.
- Hayfield